

Treat Yourself Like A Royalty

ANASSA
ROYAL TREATMENTS



Stella Island
LUXURY RESORT & SPA

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ROYAL TREATMENTS

ELEMIS
LONDON

Step into the world of ELEMIS, where pioneering skin science meets the art of luxury skincare. Celebrated globally for its transformative results, ELEMIS combines potent marine and botanical actives with cutting-edge innovation to deliver exceptional performance and visible rejuvenation.

Each formulation is meticulously crafted to enhance skin vitality, restore firmness, and illuminate natural radiance, while indulgent textures and exquisite aromas create a truly sensorial experience. Designed to deliver both immediate glow and long-term benefits, ELEMIS treatments offer the perfect harmony of efficacy and elegance.

The result is skincare elevated to an experience – refined, results-driven, and unmistakably luxurious.


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ELEMIS Expert Tech



- RADIANCE + REVIVE FACIAL** 50mins - €140
Revive tired skin with our advanced Ultrasonic Peel Technology teamed with Oxygen Infusion to plump and Galvanic to nourish leaving your skin rebalanced, nourished and radiant.
- SMOOTH + POLISH FACIAL** 50mins - €140
Reset uneven skin tone and texture with our Ultrasonic Peel to refine, Led Light to re-energise and Galvanic to nourish, revealing bright, polished and smooth skin.
- LIFT + REJUVENATE FACIAL** 50mins - €140
Restore your skins vitality our targeted Microcurrent technology for the ultimate lift, Ultrasonic Peel to gently exfoliate and Oxygen infusion to plump. Skin will appear renewed, toned and firmer.
- SCULPT + FIRM FACIAL** 80mins - €190
Our ultimate treatment, this multi-faceted facial is customised to target your skinneeds using all 5 BIOTEC technologies for a transformative facial experience like no other, leaving skin revitalised, strengthened and defined.

ELEMIS Expert Touch

- NOURISH FACIAL** 50mins - €130
Boost skin radiance with our triple cleanse facial infused with a blend of antioxidant-richfacial oils, leaving your skin feeling nourished, rebalanced and revived.
- REVEAL FACIAL** 50mins - €130
Powered by our patented Tri-Enzyme technology this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing
- RENEW FACIAL** 50mins - €130
Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.
- DEFINE FACIAL** 75mins - €150
This innovative facial captures the power of clinically proven intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted looking skin.

ELEMIS EXPERT

Choose from our range of specialised treatments designed to target specific concerns

- ELEMIS EXPERT™ COLLAGEN EYE BOOST** 10mins - €15.00
Elevate your facial experience with our targeted eye treatment add on, specially designed to brighten, hydrate, and revitalise.
- ELEMIS EXPERT™ RESTORATIVE HEAD MASSAGE** 10mins - €15.00
Combined with your main treatment, our restorative head massage, performed without the use of oil, helps to alleviate tension in the neck and scalp leaving you feeling completely rebalanced.

ELEMIS Men

FACE

FACE TECHNOLOGY

ELEMIS EXPERT TECH SCULPT + FIRM FACIAL

80mins - €190

Our ultimate treatment, this multi-faceted facial is customised to target your skin needs using all 6 BIOTEC technologies for a transformative facial experience like no other, leaving skin revitalised, strengthened and defined.

FACE TOUCH

ELEMIS EXPERT TOUCH NOURISH FACIAL

50mins - €130

Boost skin radiance with our triple cleanse facial infused with a blend of antioxidant-rich facial oils, leaving your skin feeling nourished, rebalanced and revived.

BODY

BODY FAVOURITES

ELEMIS ELEMIS Deep Tissue Massage

30mins/60mins/90mins - €80/€140/€170

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.

iS Clinical Medical Spa Corner

iS Clinical – Fire & Ice Facial (The Red Carpet Facial)

60mins - €180

Experience the resurfacing and rejuvenation of the legendary Fire & Ice Facial. Designed to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated. Often referred to as the "Red Carpet Facial", it has been the go-to treatment of celebrities and non-celebrities alike for its effective benefits. Beginning with an intensive resurfacing masque to heat up the skin, the treatment is concluded by a rejuvenating masque to cool down. Enjoy added benefits of refined skin texture, diminished look of blemishes, and improved appearance of fine lines and wrinkles – all with little to no downtime.

- powered by TheraFace Pro Technologies



Massage Treatments

- ELEMIS Deep Tissue Massage** 30mins/60mins/90mins - €80/€140/€170
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- ELEMIS Aromatherapy Massage** 30mins/60mins/90mins - €75/€130/€160
 This is a lavishly hydrating body massage based on the concept of aromatherapy. The skin is anointed with nourishing oils chosen to uplift your spirit, relax your senses, empower your strength or calm you down whilst a bespoke massage comforts the skin in all its glory. Skin is left exquisitely moisturised, intensely supple and deliciously scented.
- CBD Relaxing Massage** 60mins - €130
 The ultimate relaxation experience that combines the healing properties of cannabidiol (CBD) with techniques that melt away tension, calm the mind and rejuvenate the body. The natural anti-inflammatory and analgesic properties of CBD penetrate deeply, easing soreness and promoting a profound sense of relaxation that better your sleep patterns and enhance your mindful moments.
- ELEMIS Frangipani Head & Scalp Massage with Back Massage** 60mins - €125
 This scalp Massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head.
- ELEMIS Poultice-Powered Muscle Release** 60mins/90mins - €130/€160
 Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Using a uniquely designed Amber and Quartz poultice/bolus, and combining the power of Eucalyptus and Juniper, each area of tension is specifically targeted with vibrational energy to re-mineralise. Painful knots are eased. Tension is dissolved. Completed by a restorative facial massage, the Amber and Quartz in the Poultice create a powerful mineral connectivity that invigorates the body and elasticises the skin.
- ELEMIS Deeper than Deep Hot Stone Massage** 30mins/60mins/90mins - €80/€140/€170
 Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin. Achieves all over deep relaxation, with penetrating heat from the stones and introduces client to a new level of touch and relaxation.
- ELEMIS Peaceful Pregnancy Massage** 75mins - €130
 This unique pregnancy massage is profoundly nurturing and tranquil. An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

ELEMIS Scrubs

BODY EXFOLIATION

ELEMIS Intensely Cleansing Salt Scrub – Lime and Ginger or Frangipani

40mins - €75

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. A soothing shower completes the procedure and enhances the regenerating feeling. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

ADD-ONS

Can be added to all Facials, Massages or Body Treatments

THERAGUN ADD-ON

10mins - €10

THERACUP ADD-ON

10mins - €10

COMPRESSION PRESSURE LEG BOOTS

20mins - €30

THERAFACE LED MASK

12mins - €30

Body Treatments

BODY DETOX & ANTI-CELLULITE

ELEMIS Cellutox Aroma Spa Ocean Wrap

75mins - €150

This seaweed treatment detoxifies and deep cleanses the body inside and out, combining the richest of sea plants and marine algae with aroma-therapeutic actives. Excellent for improving the dimpled appearance of cellulite and reducing fluid retention. A warm seaweed body mask combined with a detoxifying blend of Juniper and Lemon essential oils is applied to the body, before you are cocooned in a comforting foil wrap, whilst being treated to a deep Thai drainage facial massage and de-stress scalp treatment.

BODY TIGHTEN & RE-SHAPE

ELEMIS Targeted Toning & Slimming Treatment

50mins/90mins - €100/€180

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed.

(You can choose a localised treatment: Arms, Hips & Thighs, or Abdomen)

The VIP Couple's Suite

Step into our newly refurbished couple's suite and elevate your spa experience to unparalleled heights of privacy and luxury. Designed with your utmost comfort in mind, our suite boasts an en-suite steam hammam and a mini jacuzzi, creating an ambiance of serenity and indulgence. Whether you're seeking a romantic retreat with your partner or a rejuvenating escape with friends, our suite offers the perfect setting to renew your senses and create unforgettable memories.

Immerse yourselves in the soothing warmth of the steam, letting its therapeutic heat melt away tension and stress.

Then, surrender to the gentle embrace of the mini jacuzzi, allowing its bubbling waters to revitalize your body and soul.

Indulge in the ultimate spa experience and embark on a journey of relaxation and renewal in our exclusive couple's suite. Unwind, recharge, and cherish moments of tranquility together, leaving with unforgettable memories that will last a lifetime.

You can choose one of the below:

The Absolute Experience		2h - €370 (for both)
- Self-guided Body exfoliation	- Self-applied Body mask	
- Self-administered Mini facial	- Glass of Champagne and plater	
The Rejuvenation Experience		1hr 45mins - €480 (for both)
- Dry body brush	- Theragun	
- Back massage	- Body mask	
- Theraface mini facial	- Bottle of champagne and platers	
The Skin Enveloping Experience		1hr 30mins - €280 (for both)
- Absolute nourishing body wrap	- Head massage	
Steam & Jacuzzi experience		1hr - €150 (for both)
- Private use of vip suite including jacuzzi with view & steam room		
- Body mask		
- Face mask		

Hand & Feet

Garden of England Rose Restore Hand Treatment

30mins - €45

60mins included manicure - €65

Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targeting age spots and dryness, you'll waft out with the softest little paws and a blissed-out smile on your face.

Best Foot Forward

30mins - €55

60mins included pedicure - €75

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Hot wax softens and smoothes to leave feet as supple and fragrant as a Rose.

FINISHING TOUCHES

Manicure	€40
Pedicure	€50
Nail Polish	€20
Soak off Manicure	€55
Soak off Pedicure	€65
Soak off Removal (not acrylic)	€20

WAXING

Underarm	€20
Arm	€40
Half Leg	€35
Full Leg	€40
Bikini Line	€30
Back/ Chest	€40
Lip/ Chin	€20
Eyebrow Shape	€25

Spa Packages

Couples Spa Retreat ELEMIS Deep Tissue Massage 50' ELEMIS Pro-Glow Speedy Facial 15'	65 mins - €300
Skin Nutrition ELEMIS Aromatherapy Massage 60' ELEMIS Intensely Cleansing Salt Scrub 40' ELEMIS Expert Touch Nourish Facial 50'	2 hours and 30 minutes - €290
Perfectly Pampered ELEMIS Deeper than Deep Hot Stone Massage 60' ELEMIS Hair and Scalp Frangipani Treatment 15' ELEMIS Best Foot Forward included Pedicure 60'	2 hours and 15 minutes - €200
Romantic Rejuvenation for Couples ELEMIS Aromatherapy Massage 60' Use of Jacuzzi included two glasses of sparkling wine, tropical fruit salad and mix of sweets 60'	€340
Bridal Love ELEMIS Expert Touch Renew Facial 50' ELEMIS Frangipani Head & Scalp Massage with Back Massage 60' ELEMIS Garden of England Rose Restore Hand Treatment 30'	2 hours and 20 minutes - €270
Perfect Groom ELEMIS Expert Touch Nourish Facial 50' ELEMIS Deep Tissue Massage 60' ELEMIS Best Foot Forward 30'	2 hours and 20 minutes - €270
Face & Body High Tech Anti-Ageing Treatment ELEMIS Biotec Anti-Ageing x 3 ELEMIS Cellutox Aroma Ocean wrap x 3	5 days - €640
Holiday Detox Program ELEMIS Cellutox Aroma Spa Ocean Wrap x2 ELEMIS Targeted toning slimming treatment x2 ELEMIS Expert Touch Nourish Facial x2	6 days - €570
Hammam Body Clay with Massage for Two (self applied mask) 30' in the Hammam 60' Full Body ELEMIS Massage	90mins - €300

FACILITIES

Use of wet area (sauna, steam room, jacuzzi)	
60' / per person	€10
3 days unlimited use	€40
5 days unlimited use	€60

Spa Etiquette

·The opening hours of the Stella Island spa is 09:00- 18:00.

·We highly recommend that you book in advance to ensure you secure your preferred time & treatment.

·For cancellations please let us know at least 4 hours prior to the scheduled appointment.

·If such notice is not provided you will be charged with 50% of the treatment cost.

·Please arrive 15' prior to your appointment and confirm your personal health history.

·The spa's management cannot be liable for loss or damage to any personal items.

·Please lock your personal items in your personal locker or leave your jewellery in your room.

·Eating, drinking and smoking is not allowed in the spa area.

·Use a Soft Voice to maintain a tranquil atmosphere.

·Turn off mobile phones and cameras to ensure privacy and silence

You deserve to be treated like Royalty

Anassa Spa Reception 6901



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