

ANASSA
ROYAL TREATMENTS

STELLA ISLAND 



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ROYAL TREATMENTS

TREAT
YOURSELF
LIKE
ROYALTY

LIVE LIFE IN THE ISLAND



ANASSA | **ELEMIS**
ROYAL TREATMENTS | LONDON

ELEMIS is a skin wellness brand with an aromatherapist's soul, an artist's spirit, and a scientist's commitment to results. An innovative and global British skincare brand with over 30 years of expertise and available in over 45 countries.

Our therapists are passionate about taking care of your skin. The focus is delivering proven results with feel-good skincare products combined with cutting-edge patented technology. The ELEMIS award-winning skincare portfolio includes face and body skincare products with revolutionary formulas, spa treatments, supplements and more.

The extensive experience in facial services means ELEMIS has first-hand knowledge your complexion and experience for tailoring skin concern solutions for every individual. Nature powers the ELEMIS products: by sourcing natural extracts, that catalyse each other and harnessing the power of nature's finest active ingredients, delivering results that you can see and feel, both inside and out.

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PRO-GLOW + TECH FACIALS

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Pro-Glow Genius Facial+, the Ultimate Age-Defying Experience 75mins - €190

Harnessing the powerful benefits of all 5 ELEMIS BIOTEC 1.0 technologies, skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation, and skin hydration. Powerful resurfacing technology smooths visible dryness and fine lines, transforming the skin's texture, with the ELEMIS clinically proven formulas minimising uneven tone, pigmentation, and enlarged pores. Skin-fitness and firmness are improved, reducing the appearance of fine lines and deeper wrinkles with highly effective microcurrent technology, whilst Oxygen therapy and Pro-Sculpt Facial Method deliver a visibly lifted skin-defining appearance.

The recharging power of multi-dimensional light therapy and a supercharged air massage breathe life into the skin. An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance after just one treatment. Supercharged with ELEMIS BIOTEC 1.0 Ultrasonic, Microcurrent, Galvanic, Light Therapy & O2 Infusion.

Pro-Glow Resurface+, Reveal Stunningly Smooth Skin 50mins - €140

With a spotlight on minimising pore size and blemishes, this revolutionary facial powered by patented Tri-Enzyme technology transforms the skin's texture whilst minimising the look of uneven tone, fine lines, and pigmentation. Supercharged deep cleansing and powerful ultrasonic peel technology eliminate visible pollutants, dirt, and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth the appearance of fine lines. Clinically proven formulas accelerate skin's cell turnover to improve clarity, revealing more flawless, luminous skin. Optimal skin wellbeing is boosted by hydration and our multi-dimensional light therapy, known to soften the appearance of pigmentation and rejuvenate the skin. Dull, uneven, tired-looking skin will appear instantly renewed and stunningly smooth and clear.

Supercharged with ELEMIS BIOTEC 1.0: Ultrasonic, LED Light Therapy & Galvanic.

Pro-Glow Smooth+, the Ultimate HIIT Workout for your Skin 50mins - €140

Improve skin fitness and firmness whilst significantly reducing the appearance of expression lines and wrinkles. Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful-looking skin. Clinically proven formulas and signature skin-lifting massage techniques re-energize and plump, whilst a supercharged air massage breathes life into the skin.

Skin will appear more vibrant, with an improved feeling of firmness and elasticity. Supercharged with ELEMIS' BIOTEC 1.0: Ultrasonic, Microcurrent & O2 Infusion.

Pro-Glow Brilliance+, your Recipe for Radiance 50mins - €140

Awaken dull, lackluster skin with this brilliance-boosting facial; a glow-getting, nutrient-rich treatment serving you a daily boost of skin wellness. Experience our ultrasonic peel technology and brightening enzymes to deeply cleanse and remove visible pollutants, makeup, and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich Superfoods will plump and smooth with a supercharged air massage to breathe life into your skin. Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed, and glowing.

Supercharged with ELEMIS BIOTEC 1.0: Ultrasonic, O2 Infusion & Galvanic.



Pro-Glow Genius Facial

75mins - €150

YOUR LINE-FIGHTING SUPERHERO FACIAL

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by the ELEMIS ULTRA-SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient and firmer-looking.

An unsurpassed, line-fighting facial experience, skin will appear immediately firmer and more radiant after just one treatment

Pro-Glow Smooth

50mins - €130

THE HIIT WOORKOUT FOR YOUR SKIN

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

Pro-Glow Resurface

30mins/50mins - €75/€130

RESURFACING FOR STUNNINGLY SMOOTH SKIN

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation.

Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

Pro-Glow Brilliance

30mins/50mins - €70/€120

YOUR RECIPE FOR RADIANCE

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

FACE

FACE TECHNOLOGY

Pro-Glow + Men's Facial

60mins/90mins - €130/€180

This is the facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. A triple hit of ultrasonic peeling, steam and galvanic current delivers a deep clean, simultaneously exfoliating and powering up Kalpariane's anti-wrinkle properties and Samphire's hydrating potency. An oxygen infusion is the final blast of energy for real, best face forward results. A multi-tasking, time efficient solution.

FACE TOUCH

Pro-Glow Brilliance

30mins/50mins - €70/€120

YOUR RECIPE FOR RADIANCE

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BODY

BODY FAVOURITES

ELEMIS ELEMIS Deep Tissue Massage

30mins/60mins/90mins - €75/€125/€160

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.





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iS Clinical **MEDICAL SPA CORNER** **ANASSA** | **iS CLINICAL** ROYAL TREATMENTS

iS Clinical - Fire & Ice Facial (The Red Carpet Facial)

60mins - €180

Experience the resurfacing and rejuvenation of the legendary Fire & Ice Facial. Designed to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated. Often referred to as the “Red Carpet Facial”, it has been the go-to treatment of celebrities and non-celebrities alike for its effective benefits. Beginning with an intensive resurfacing masque to heat up the skin, the treatment is concluded by a rejuvenating masque to cool down. Enjoy added benefits of refined skin texture, diminished look of blemishes, and improved appearance of fine lines and wrinkles - all with little to no downtime.

- powered by TheraFace Pro Technologies

MASSAGE TREATMENTS

ELEMIS Deep Tissue Massage

30mins/60mins/90mins - €75/€125/€160

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ELEMIS Aromatherapy Massage

60mins/90mins - €130/€160

This is a lavishly hydrating body massage based on the concept of aromatherapy. The skin is anointed with nourishing oils chosen to uplift your spirit, relax your senses, empower your strength or calm you down whilst a bespoke massage comforts the skin in all its glory. Skin is left exquisitely moisturised, intensely supple and deliciously scented.

CBD Relaxing Massage

60mins - €130

The ultimate relaxation experience that combines the healing properties of cannabidiol (CBD) with techniques that melt away tension, calm the mind and rejuvenate the body. The natural anti-inflammatory and analgesic properties of CBD penetrate deeply, easing soreness and promoting a profound sense of relaxation that better your sleep patterns and enhance your mindful moments.

ELEMIS Frangipani Head & Scalp Massage with Back Massage

60mins - €125

This scalp Massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head.

ELEMIS Poulitice-Powered Muscle Release

60mins/90mins - €130/€160

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Using a uniquely designed Amber and Quartz poultice/bolus, and combining the power of Eucalyptus and Juniper, each area of tension is specifically targeted with vibrational energy to re-mineralise. Painful knots are eased. Tension is dissolved. Completed by a restorative facial massage, the Amber and Quartz in the Poultice create a powerful mineral connectivity that invigorates the body and elasticises the skin.

ELEMIS Deeper than Deep Hot Stone Massage

30mins/60mins/90mins - €80/€130/€170

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin. Achieves all over deep relaxation, with penetrating heat from the stones and introduces client to a new level of touch and relaxation.

ELEMIS Peaceful Pregnancy Massage

75mins - €130

This unique pregnancy massage is profoundly nurturing and tranquil. An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

ELEMIS BODY WRAPS & SCRUBS

Drift away whilst you are cocooned in a comforting wrap or cleanse with a salt scrub.
All treatments include a relaxing foot massage or a de-stressing pressure point face and scalp massage.

NOURISH & HYDRATE

ELEMIS Frangipani Body Nectar Nourishing Wrap

60mins - €95

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

BODY EXFOLIATION

ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger or Frangipani

40mins - €75

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

ADD-ONS

Can be added to all Facials, Massages or Body Treatments

THERAGUN ADD-ON

€10

THERACUP ADD-ON

€10

COMPRESSION PRESSURE LEG BOOTS

20mins - €25

BODY TREATMENTS

BODY DETOX & ANTI-CELLULITE

ELEMIS Thousand Flower Detox Wrap

60mins - €130

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

ELEMIS Cellutox Aroma Spa Ocean Wrap

75mins - €140

This seaweed treatment detoxifies and deep cleanses the body inside and out, combining the richest of sea plants and marine algae with aroma-therapeutic actives. Excellent for improving the dimpled appearance of cellulite and reducing fluid retention. A warm seaweed body mask combined with a detoxifying blend of Juniper and Lemon essential oils is applied to the body, before you are cocooned in a comforting foil wrap, whilst being treated to a deep Thai drainage facial massage and de-stress scalp treatment.

BODY TIGHTEN & RE-SHAPE

ELEMIS Targeted Toning & Slimming Treatment

30mins/90mins - €75/€150

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging.

The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed.

(You can choose a localised treatment: Arms, Hips & Thighs, or Abdomen)



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THE VIP COUPLE'S SUITE

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Step into our newly refurbished couple's suite and elevate your spa experience to unparalleled heights of privacy and luxury. Designed with your utmost comfort in mind, our suite boasts an en-suite steam hammam and a mini jacuzzi, creating an ambiance of serenity and indulgence. Whether you're seeking a romantic retreat with your partner or a rejuvenating escape with friends, our suite offers the perfect setting to renew your senses and create unforgettable memories.

Immerse yourselves in the soothing warmth of the steam, letting its therapeutic heat melt away tension and stress. Then, surrender to the gentle embrace of the mini jacuzzi, allowing its bubbling waters to revitalize your body and soul. Indulge in the ultimate spa experience and embark on a journey of relaxation and renewal in our exclusive couple's suite. Unwind, recharge, and cherish moments of tranquility together, leaving with unforgettable memories that will last a lifetime.

All our treatments begin with 30 steam & jacuzzi experience and then you can choose one of the bellow:

The Absolute Experience

2h - €370 (for both)

- Body exfoliation
- Body mask
- Mini facial
- Glass of Champagne and plater

The Rejuvenation Experience

1hr 30mins - €480 (for both)

- Dry body brush
- Theragun
- Body mask
- Therface mini facial
- Bottle of champagne and platters

The Skin Enveloping Experience

1hr 30mins - €280 (for both)

- Absolute nourishing body wrap
- Head massage

Steam & Jacuzzi experience

1hr - €150 (for both)

- Body mask
- Face mask

HAND&FEET

Garden of England Rose Restore Hand Treatment

30mins - €45

60mins included manicure - €65

Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targeting age spots and dryness, you'll waft out with the softest little paws and a blissed-out smile on your face.

Best Foot Forward

30mins - €55

60mins included pedicure - €75

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Hot wax softens and smoothes to leave feet as supple and fragrant as a Rose.

FINISHING TOUCHES

Manicure €30

Pedicure €40

Nail Polish €15

Soak off Manicure €45

Soak off Pedicure €55

Soak off Removal €15

WAXING

Underarm €20

Arm €30

Half Leg €30

Full Leg €40

Full Bikini €40

Bikini Line €25

Back/ Chest €35

Lip/ Chin €20

Eyebrow Shape €20

LASH LIFTING

Vegan Lash Lifting with Hydrating Eye Treatment €80

Keratin Vegan Lash Lifting Treatment with ELEMIS Eye Hydrating Mask and Massage (15mins)



SPA PACKAGES

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Couples Spa Retreat

65 mins - €300

- ELEMIS Deep Tissue Massage 50'
- ELEMIS Pro-Glow Speedy Facial 15'

Skin Nutrition

2 hours and 30 minutes - €290

- ELEMIS Aromatherapy Massagee 60'
- ELEMIS Intensely Cleansing Salt Scrub 40'
- ELEMIS Pro-Glow Brilliance Facial 50'

Perfectly Pampered

2 hours and 15 minutes - €200

- ELEMIS Deeper than Deep Hot Stone Massage 60'
- ELEMIS Hair and Scalp Frangipani Treatment 15'
- ELEMIS Best Foot Forward included Pedicure 60'

Romantic Rejuvenation for Couples

€340

- ELEMIS Aromatherapy Massage 60'
- Use of Jacuzzi included two glasses of sparkling wine, tropical fruit salad and mix of sweets (choice of Moët & Chandon 30)

Bridal Love

2 hours and 20 minutes - €270

- ELEMIS Pro-Glow Smooth Facial 50'
- ELEMIS Frangipani Head & Scalp Massage with Back Massage 60'
- ELEMIS Garden of England Rose Restore Hand Treatment 30'

Perfect Groom

2 hours and 20 minutes - €270

- ELEMIS Pro-Glow Brilliance Facial 50'
- ELEMIS Deep Tissue Massage 60'
- ELEMIS Best Foot Forward 30'

Face & Body High Tech Anti-Ageing Treatment

5 days - €640

- ELEMIS Biotec Anti-Ageing x 3
- ELEMIS Cellutox Aroma Ocean wrap x 3

Holiday Detox Program

6 days - €460

- ELEMIS Cellutox Aroma Spa Ocean Wrap x2
- ELEMIS Thousand Flower Detox Wrap x2
- ELEMIS Pro-Glow Brilliance Facial x2

Hammam Body Clay with Massage for Two

90mins - €280

- 30' in the Hammam
- 60' Full Body ELEMIS Massage

FACILITIES

Use of wet area

- | | |
|----------------------|-----|
| 60' / per person | €10 |
| 3 days unlimited use | €40 |
| 5 days unlimited use | €60 |

- The opening hours of the Stella Island spa is 9:00- 19:00.
- We highly recommend that you book in advance to ensure you secure your preferred time & treatment.
 - For cancellations please let us know at least 4 hours prior to the scheduled appointment.
 - If such notice is not provided you will be charged with 50% of the treatment cost.
 - Please arrive 15' prior to your appointment and confirm your personal health history.
 - The spa's management cannot be liable for loss or damage to any personal items.
- Please lock your personal items in your personal locker or leave your jewelry in your room.
 - Eating, drinking and smoking is not allowed in the spa area.

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