

ANASSA
ROYAL TREATMENTS

STELLA ISLAND 



TREAT
YOURSELF
LIKE
ROYALTY

LIVE LIFE IN THE ISLAND





ELEMIS is a skin wellness brand with an aromatherapist's soul, an artist's spirit, and a scientist's commitment to results. An innovative and global British skincare brand with over 30 years of expertise and available in over 45 countries.

Our therapists are passionate about taking care of your skin. The focus is delivering proven results with feel-good skincare products combined with cutting-edge patented technology. The ELEMIS award-winning skincare portfolio includes face and body skincare products with revolutionary formulas, spa treatments, supplements and more.

The extensive experience in facial services means ELEMIS has first-hand knowledge your complexion and experience at tailoring skin concern solutions for every individual. Nature powers the ELEMIS products: by sourcing natural extracts, that catalyse each other and harnessing the power of nature's finest active ingredients, delivering results that you can see and feel, both inside and out.

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PRO-GLOW + TECH FACIALS | ANASSA | ELEMIS

ROYAL TREATMENTS LONDON

Pro-Glow Genius Facial+, the Ultimate Age-Defying Experience 75mins - €190

Harnessing the powerful benefits of all 5 ELEMIS BIOTEC 1.0 technologies, skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation, and skin hydration. Powerful resurfacing technology smooths visible dryness and fine lines, transforming the skin's texture, with the ELEMIS clinically proven formulas minimising uneven tone, pigmentation, and enlarged pores. Skin-fitness and firmness are improved, reducing the appearance of fine lines and deeper wrinkles with highly effective microcurrent technology, whilst Oxygen therapy and Pro-Sculpt Facial Method deliver a visibly lifted skin-defining appearance. The recharging power of multi-dimensional light therapy and a supercharged air massage breathe life into the skin. An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance after just one treatment.

Supercharged with ELEMIS BIOTEC 1.0 Ultrasonic, Microcurrent, Galvanic, Light Therapy & O2 Infusion.

Pro-Glow Resurface+, Reveal Stunningly Smooth Skin 50mins - €135

With a spotlight on minimising pore size and blemishes, this revolutionary facial powered by patented Tri-Enzyme technology transforms the skin's texture whilst minimising the look of uneven tone, fine lines, and pigmentation. Supercharged deep cleansing and powerful ultrasonic peel technology eliminate visible pollutants, dirt, and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth the appearance of fine lines. Clinically proven formulas accelerate skin's cell turnover to improve clarity, revealing more flawless, luminous skin. Optimal skin wellbeing is boosted by hydration and our multi-dimensional light therapy, known to soften the appearance of pigmentation and rejuvenate the skin. Dull, uneven, tired-looking skin will appear instantly renewed and stunningly smooth and clear.

Supercharged with ELEMIS BIOTEC 1.0: Ultrasonic, LED Light Therapy & Galvanic.

Pro-Glow Smooth+, the Ultimate HIIT Workout for your Skin 50mins - €135

Improve skin fitness and firmness whilst significantly reducing the appearance of expression lines and wrinkles. Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful-looking skin. Clinically proven formulas and signature skin-lifting massage techniques re-energize and plump, whilst a supercharged air massage breathes life into the skin. Skin will appear more vibrant, with an improved feeling of firmness and elasticity.

Supercharged with ELEMIS' BIOTEC 1.0: Ultrasonic, Microcurrent & O2 Infusion.

Pro-Glow Brilliance+, your Recipe for Radiance 50mins - €120

Awaken dull, lackluster skin with this brilliance-boosting facial; a glow-getting, nutrient-rich treatment serving you a daily boost of skin wellness. Experience our ultrasonic peel technology and brightening enzymes to deeply cleanse and remove visible pollutants, makeup, and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich Superfoods will plump and smooth with a supercharged air massage to breathe life into your skin. Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed, and glowing.

Supercharged with ELEMIS BIOTEC 1.0: Ultrasonic, O2 Infusion & Galvanic.

Pro-Glow Renewal+, for a Healthy, Gorgeous Glow 50mins - €135

ELEMIS' signature deep cleansing skin wellness facial harnesses the goodness of Prebiotics and antioxidants to deliver a healthy-looking, lit-from-within glow. Highly effective resurfacing technology with super-hydrating, skin-kind formulas, and nutrient-rich Superfoods nourish and protect the skin, whilst helping the skin's microflora to maintain a healthy balance

After just one treatment, skin looks visibly refreshed and rebalanced.

Supercharged with ELEMIS' BIOTEC 1.0: Ultrasonic Resurfacing.

PRO-GLOW HANDS-ON FACIALS

Pro-Glow Genius Facial

75mins - €150

YOUR LINE-FIGHTING SUPERHERO FACIAL

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by the ELEMIS ULTRA-SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient and firmer-looking. An unsurpassed, line-fighting facial experience, skin will appear immediately firmer and more radiant after just one treatment

Pro-Glow Smooth

50mins - €130

THE HIIT WOORKOUT FOR YOUR SKIN

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

Pro-Glow Resurface

30mins/50mins - €70/€130

RESURFACING FOR STUNNINGLY SMOOTH SKIN

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

Pro-Glow Brilliance

30mins/50mins - €60/€110

YOUR RECIPE FOR RADIANCE

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.



Pro-Glow Renewal Facial

30mins/50mins - €60/€110

FOR GORGEOUS GLOWING SKIN

ELEMIS' signature deep cleansing skin wellness facial, showcasing Prebiotics and antioxidant-rich goodness to deliver a healthy-looking, lit-from-within glow. In one treatment, skin looks visibly refreshed and rebalanced. LED light therapy helps reset the clock for optimum skin wellness, whilst galvanic technology stimulates the skin for maximum results and an illuminated, wide-awake feel.

Pro-Glow Ultra-Smart Anti-Ageing Eye Treatment

50mins - €115

A uniquely engineered treatment that cleverly mimics the resilient behavior of younger skin. This Eye Treatment will help brighten and smooth deep-set lines, targets loss of elasticity and helps reduce the appearance of puffiness, for a lifted look. Using the ELEMIS Smart Eye Tool, we apply gentle pressure to encourage micro-circulation, de-puff and create the perfect anti-aging solution for eyes.

ADD-ON

* Can be added to any Body Treatment or Massage

Pro-Glow Feast Your Eyes Add-On Treatment

15mins - €30

Give puffy eyes their marching orders with this instantly reviving eye treatment. A warm Rosewood compress, and intensive eye mask rehydrate, soothe and lift, while you zone out with a de-stressing hand & arm massage. See the world through new eyes.

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FACE

FACE TECHNOLOGY

Pro-Glow Men's Facial

60mins/90mins - €125/€180

This is the facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. A triple hit of ultrasonic peeling, steam and galvanic current delivers a deep clean, simultaneously exfoliating and powering up Kalpariane's anti-wrinkle properties and Samphire's hydrating potency. An oxygen infusion is the final blast of energy for real, best face forward results. A multi-tasking, time efficient solution.

FACE TOUCH

Pro-Glow Renewal

30mins/60mins - €60/€110

This is the hard-working facial for ageing, stressed, dehydrated skin and tired eyes. An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. It maximises cell regeneration, whilst steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massage deeply relax. Finally the uniquely nourishing Pro-Collagen Marine Cream for Men is worked into a receptive, revitalised skin for a vibrant and energised result.

BODY

BODY FAVOURITES

ELEMIS Warm Up/Cool Down Deep Tissue Massage

30mins/60mins/90mins - €70/€120/€160

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.

MASSAGE TREATMENTS

ELEMIS Warm Up/Cool Down Deep Tissue Massage

30mins/60mins/90mins - €70/€120/€150

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ELEMIS Garden of England Rose Restore Relaxing Massage

60mins/90mins - €120/€150

Take a walk in an English garden with this lavishly hydrating body massage. The unique Life Elixirs Essences that have been designed to be used in this extremely relaxing massage, will bring everything back to the potency of modern aromatics.

Each Essence has been designed for a different mood, enabling this massage to be tailored to your needs.

You may choose one of the following Life Elixir Essences:

Calm: a soothing blend, helps you to find your inner peace.

Clarity: an uplifting blend, helps you to invigorate your sense of self

Fortitude: an empowering Blend, makes you feel grounded and strong to the core

Embrace: a serene blend, to ignite your senses

Sleep: a deeply relaxing blend, to let your mind and body restore itself

ELEMIS Frangipani Head & Scalp Massage with Back Massage

60mins - €120

This scalp Massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head.

Added bonus the amazing Frangipani Monoi Head & Scalp Mask. *This treatment includes a 20min Relaxing Back Massage.

ELEMIS Poulitice-Powered Muscle Release

60mins/90mins - €125/€165

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Using a uniquely designed Amber and Quartz poultice/bolus, and combining the power of Eucalyptus and Juniper, each area of tension is specifically targeted with vibrational energy to re-mineralise. Painful knots are eased. Tension is dissolved. Completed by a restorative facial massage, the Amber and Quartz in the Poultice create a powerful mineral connectivity that invigorates the body and elasticises the skin.

ELEMIS Deeper than Deep Hot Stone Massage

30mins/60mins/90mins - €75/€125/€165

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin. Achieves all over deep relaxation, with penetrating heat from the stones and introduces client to a new level of touch and relaxation.

ELEMIS Peaceful Pregnancy Massage

75mins - €130

This unique pregnancy massage is profoundly nurturing and tranquil.

An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

ELEMIS BODY WRAPS & SCRUBS

Drift away whilst you are cocooned in a comforting wrap or cleanse with a salt scrub. All treatments include a relaxing foot massage or a de-stressing pressure point face and scalp massage.

NOURISH & HYDRATE

ELEMIS Frangipani Body Nectar Nourishing Wrap

60mins - €90

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

BODY EXFOLIATION

ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger or Frangipani

40mins - €70

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

ADD-ON

* Can be added to any Body Treatment or Massage

Pro-Glow+ Eye Treatment

30mins - €50

The eye area is a tricky customer (not like you) - delicate but lazy. ELEMIS BIOTEC technology is refined enough to gently stimulate and tighten without disturbing the fragile skin. Let us put stars in your eyes.

Pro-Glow+ Neck Treatment

30mins - €50

Make sure your neck is running a tight ship with this targeted toning treatment. Microcurrents remind the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring. People will wonder what you've done.

THERAGUN ADD-ON

€10

A handheld, battery-operated "Percussive Therapy" device, designed to naturally address muscle pain. The rapid and repetitive application of pressure increases blood flow and the oxygen levels delivered to the muscle, relieving soreness, improving movement and aiding recovery. Add it to any of the massages for that extra bit of recovery and stress relief..

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BODY TREATMENTS

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BODY DETOX & ANTI-CELLULITE

ELEMIS Thousand Flower Detox Wrap

60mins - €120

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

ELEMIS Cellutox Aroma Spa Ocean Wrap

75mins - €130

This seaweed treatment detoxifies and deep cleanses the body inside and out, combining the richest of sea plants and marine algae with aroma-therapeutic actives. Excellent for improving the dimpled appearance of cellulite and reducing fluid retention. A warm seaweed body mask combined with a detoxifying blend of Juniper and Lemon essential oils is applied to the body, before you are cocooned in a comforting foil wrap, whilst being treated to a deep Thai drainage facial massage and de-stress scalp treatment.

BODY TIGHTEN & RE-SHAPE

ELEMIS Targeted Toning & Slimming Treatment

30mins/90mins - €75/€140

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed. (You can choose a localised treatment: Arms, Hips & Thighs, or Abdomen)

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Garden of England Rose Restore Hand Treatment

30mins - €45

60mins included manicure - €65

Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targeting age spots and dryness, you'll waft out with the softest little paws and a blissed-out smile on your face.

Best Foot Forward

30mins - €55

60mins included pedicure - €75

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Hot wax softens and smoothes to leave feet as supple and fragrant as a Rose.

FINISHING TOUCHES

Manicure €30

Pedicure €40

Nail Polish €15

Soak off Manicure €45

Soak off Pedicure €55

Soak off Removal €15

WAXING

Underarm €15

Arm €25

Half Leg €25

Full Leg €35

Full Bikini €35

Bikini Line €20

Back/ Chest €30

Lip/ Chin €15

Eyebrow Shape €15

LASH LIFTING

Vegan Lash Lifting with Hydrating Eye Treatment €75

Keratin Vegan Lash Lifting Treatment with ELEMIS Eye Hydrating Mask and Massage (15mins)

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SPA PACKAGES

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Couples Spa Retreat

75 mins - €290

ELEMIS Deep Tissue Massage 50'
ELEMIS Pro-Glow Speedy Facial 15'

Skin Nutrition

2 hours and 30 minutes - €270

ELEMIS Garden Of England Rose Restore and
Relaxing Massage 60'
ELEMIS Intensely Cleansing Salt Scrub 40'
ELEMIS Pro-Glow Brilliance Facial 50'

Perfectly Pampered

2 hours and 15 minutes - €190

ELEMIS Deeper than Deep Hot Stone Massage 60'
ELEMIS Hair and Scalp Frangipani Treatment 15'
ELEMIS Best Foot Forward included Pedicure 60'

Romantic Rejuvenation for Couples

€310

ELEMIS Garden of England Restore and Relaxing
Massage 60'
Use of Jacuzzi included two glasses of sparkling wine,
tropical fruit salad and mix of sweets (choice of Moët
& Chandon 30)

Bridal Love

2 hours and 20 minutes - €250

ELEMIS Pro-Glow Smooth Facial 50'
ELEMIS Frangipani Head & Scalp Massage with Back
Massage 60'
ELEMIS Garden of England Rose Restore Hand
Treatment 30'

Perfect Groom

2 hours and 20 minutes - €240

ELEMIS Pro-Glow Renewal Facial 50'
ELEMIS Deep Tissue Massage 60'
ELEMIS Best Foot Forward 30'

Face & Body High Tech Anti-Ageing Treatment

5 days - €610

with At Home Anti-Ageing Set
ELEMIS Biotec Anti-Ageing x 3
ELEMIS Cellutox Aroma Ocean wrap x 3

Holiday Detox Program

6 days - €440

ELEMIS Cellutox Aroma Spa Ocean Wrap x2
ELEMIS Thousand Flower Detox Wrap x2
ELEMIS Pro-Glow Brilliance Facial x2

Hamam Body Clay with Massage for Two

90mins - €270

30' in the Hamam
60' Full Body ELEMIS Massage

FACILITIES

Use of wet area

60' / per person	€10
3 days unlimited use	€40
5 days unlimited use	€60

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SPA ETIQUETTE

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- The opening hours of the Stella Island spa is 9:00- 19:00.
- We highly recommend that you book in advance to ensure you secure your preferred time & treatment.
 - For cancellations please let us know at least 4 hours prior to the scheduled appointment.
 - If such notice is not provided you will be charged with 50% of the treatment cost.
 - Please arrive 15' prior to your appointment and confirm your personal health history.
 - The spa's management cannot be liable for loss or damage to any personal items.
 - Please lock your personal items in your personal locker or leave your jewelry in your room.
 - Eating, drinking and smoking is not allowed in the spa area.

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